

**Manjushree (Mental Health Care & Cure) Society, L-19, Kamayani Colony, Varanasi 221010.
Consolidated report of activities (2002-2008)**

Manjushree in the last six years have provided academic and professional support to mental health in Indian community, particularly the rural population.

A brief introduction of the activities is as follows:-

1. Workshops and seminars:-

(a) A workshop was conducted on June 6, 2002 on the topic "**Objectives of Manjushree: Effective implementation**" in New Delhi in which many experienced psychologists and social workers participated. To make the programme more effective it was decided to take up backward rural area in Muzaffarpur (Bihar) and urban population in Varanasi at the first instance.

(b) A seminar On "**Mental health care: problems and prospects**" was organized on 21.7.2002 at Muzaffarpur, Bihar. Local social workers, sociologists, psychologists and medical practicers participated and contributed their valuable inputs. The aim was to focus on the needs and requirements of the underdeveloped, particularly scheduled castes and backward communities.

Local centre was inaugurated by the Vice-chancellor Prof. N.N.Singh of B.R.A.Bihar University. Mr. Ram Kumar Singh, Social worker & Ex. M.L.C presided over the function and Prof. B.N.Singh, Ex. Head of Dept, Psychology, was the chief guest.

(c) A seminar on "**Mental Health: Preventive Measures**" was jointly organized by Manjushree and Gandhi Addhyayan Peeth of M.G.Kashi Vidyapith, Varanasi on the World Mental Health Day in 2006. It was well attended by the academicians, social workers, media persons .

2. Courses organized: -

(a) A two-day workshop was conducted on "**Counselling effectiveness through plain folk device of community interaction in scheduled castes and scheduled tribes**" in Varanasi on 27.4.2004. It was aimed for by mental health practicers and clinical psychology students.

(b) Similar workshop was organized in Muzaffarpur on 7.5.2005 which was very successful.

3. Action programmes in communities: -

1. Three villages of Baruraj P.S. of Muzaffarpur district were selected for their all round development.

These were Meghua, Harauna and Morsandi.

2. Similarly, three villages of Karja P.S. of Muzaffarpur district, Rasulpur, Rupwara and Rupauli, were earmarked for the same purpose. These villages have mostly backward and scheduled caste population with extreme poverty. Door to door service was provided to them for their all round development. The service was provided to all members of the family. Constant care was exercised for their improvement with all kinds of possible support. *The outcome revealed increase in self esteem, social security, will for better living and proper management of adverse situation. Children and adolescents appeared to benefit more of the intervention. It took much time and effort as the help was individual tailored one.*

4. Personal services:-

(a) Clinical aids have been provided to about 800 persons of Varanasi, Muzaffarpur and New Delhi who needed it. The group constitutes youth, children and aged.

(b) Approximately 2400 students of Varanasi (Uttar pradesh) and Muzaffarpur (Bihar) have been tested psychologically and required counselling have been provided for their development.

(c) Parental counselling is also being provided at Varanasi and Muzaffarpur through schools on many occasions. This has been very effective . Parents of adolescent children have benefited the most.

5. Additional responsibilities:-

In personal capacity, the chairman, Prof. G.P.Thakur, on exclusive demand, provided clinical services to ENERCON, Bombay and to VIMHANS, New Delhi on many occasions.

Since such a service in based more on confidence of people and people did not like to be branded as mentally unstable any news was not given to any one including the media about intervention.

Vita at a glance

Prof.G.P. Thakur

Chairman
Manjushree Mental Health
Care and Cure Society

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Residence: 12, Qutab View Apartments
Shahid Jeet Singh Marg,
New Delhi- 110016

Past Academic Positions

Professor of Psychology (clinical)
Head, Dept. of Psychology
Director, Career Planning and Counselling Centre
Dean, Faculty of Social Sciences
Dean, Faculty of Science and Technology
Mahatama Gandhi Kashi Vidyapith, Varanasi

Past Administrative Positions

Registrar
Finance Officer
Chief Proctor (Special Executive Magistrate)
Chief Warden (Univ. Hostels)
Chief, Univ. Employment Bureau
Chairman, University Sports Council
Mahatama Gandhi Kashi Vidyapith, Varanasi

Academic Honours/Awards/Acknowledgments

Life Time Achievement Award -2007, IAAP and Pondicherry Psychological Association
Best Psychologist Award-2001, Pondicherry Psychological Association
Award of Honours-2001, Brahmudutta Memorial Trust, UK
Fellow, World Association of Social Psychiatry-1984, Zurich
Assistant Area Chairman, Intl. Council of Psychologists, California-1980-82
Vice President, Sports Psychology Association of India-1989-93
Foreign Affiliate, American Psychological Association-1980
Recorder, Indian Science Congress (Section of Psychology and Educational Sciences)
President, Indian Academy of Applied Psychology-1999-2004

Visits Abroad (Lecture/Professional Training)

East west Culture Learning Institute, Hawaii, Univ. of Pennsylvania, Univ. of California at Los Angeles,
Scoula dello sport Rome, Inst. Of Psychiatry, London, Univ. of Orebro, Sweden, Intl. centre of Social
Gerontology, Paris, Univ. of Minnesota, Univ. of Nairobi

Research Publications/Guidance

64 Research Papers published in National and Intl. Journals
18 Key note addresses/presidential addresses
24 research Monographs/Project reports/Instruments/Chapter in Books
38 Students awarded Ph.D. degree under the supervision

Area of Specialization

Clinical –Psychometry

Present Engagement

Psycho-diagnostics and Mental health Consultants
Serving many reputed NGO,s, Corporate, Govt. Organizations, Autonomous Bodies, Educational Insts. on
Appointment