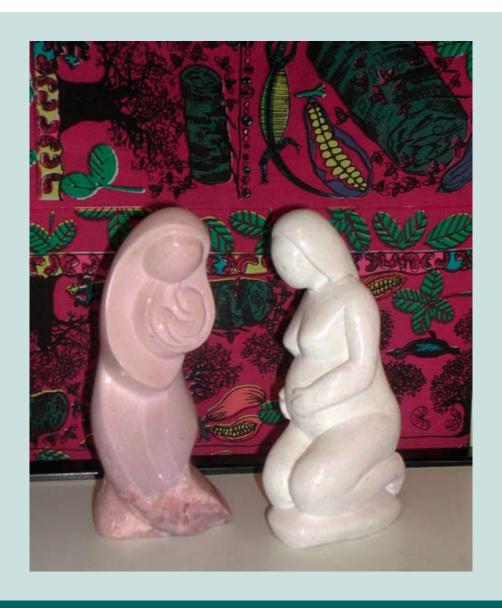
### Advanced International Training Programme • 2009

266

# Strengthening Midwifery Competence in Sexual and Reproductive Health and Services



#### Invitation

The Swedish International Development Cooperation Agency (Sida) offers, as part of its bilateral development assistance, Advanced International Training Programmes of strategic importance to the social and economic development in the participants' countries. The International Training Programmes are specially designed for persons qualified to participate in reform processes of strategic importance on different levels and holding a position in home organisation with mandate to run processes of change. This methodology is based on the assumption that your country wishes to carry out changes and is willing to invest own resources to achieve these changes. In the long-term perspective the programmes shall contribute to institutional strengthening and capacity development in the participants' countries.

The training is focused on support to individual or team plans for change. The plan shall be well established in the participant's organisation and is a basic part of the programme concept.

In this brochure you will find information on the specific objectives for this particular programme, its content and structure, and how and when to apply. You will also find an application form.

Health is the basis for development towards social and economic welfare for each individual as well as for a nation. After the UN conferences in Cairo and Beijing the concept of sexual and reproductive health and rights has come into focus. There is increasing awareness of the need of skilled midwives to meet the Millennium Development Goals, especially MDG 3,4 and 5.

This training programme is organized as a joint venture between Karolinska Institutet, Uppsala University, and the Swedish Association of Midwives. This collaboration aims to create an arena, where academic, theoretical, clinical and professional aspects meet and a synergetic effect is achieved. The Division of Reproductive and Perinatal Health Care is the host for the programme.

Anders Nordström Director General Sida



Kyllike Christensson Professor, RN, RM Karolinska Institutet



Elisabeth Faxelid Associate professor, RN, RM Karolinska Institutet



Pia Olsson Sr. Lecture, PhD, RN, RM Uppsala University



Anna Nordfjell International secretary, RN, RM Swedish Association of Midwives



#### **Programme Objectives**

The overall programme objective is to strengthen midwives' competence in countries where maternal morbidity and mortality are as highest, that is in South Asia and sub-Saharan Africa.

The specific objectives are to increase the participants':

- awareness about how gender influences SRHR
- knowledge about international agreements in relation to SRHR including the Millennium development goals
- knowledge about active and participatory learning methods
- awareness about the importance of professionalization of Midwifery as well as inter-professional collaboration
- knowledge about methods for quality improvements
- awareness about the importance of continues quality development
- awareness about evidence based midwifery care and its implementation
- knowledge in management and leader-ship
- awareness about the relationship

between organization, leadership, management and outcome of care

 knowledge about how to design and implement a development project within the Midwifery sphere.

#### **Contents**

There will be seven themes included in the programme:

Theme 1: Gender and Sexual and Reproductive Health and Rights

Theme 2: Pedagogic

Theme 3: Professionalization

Theme 4: Quality Improvement and Patient Safety

Theme 5: Evidence Based Midwifery Care

Theme 6: Leadership and Management

Theme 7: Development project

Within these themes there will be lectures, group discussions, seminars, role-plays, data-base search and study visits. The core content will be the Development project that all participants will undertake throughout the whole training; starting with the project idea discussed in the home country (phase

1), further developed and adjusted to the country need in collaboration with other country participants and designed during the four week course in Sweden (phase 2), implemented in the home country (phase 3) and presented and assessed during the regional seminar (phase 4) for further improvements. Through this process Networking is encouraged.

#### **Programme Structure**

The programme is divided into 4 phases:

Phase 1: Identification and preparation of own project idea.

Phase 2: A four-week course divided into seven modules in Stockholm, Sweden

Phase 3: Implementation of own project in the respective home countries (6-8 month). Supervision will be given through email contact, SMS and personal visits. A website will facilitate communication and networking.

*Phase 4:* A one-week regional seminar to follow-up project work as well as strengthening of the network.

#### Date and place

*Phase 2:* Stockholm. Sweden October 5–30, 2009

Phase 4: In August or September 2010

#### **Teaching**

The pedagogical approach for this programme will be problem oriented and participatory learning. Participants' own views and experiences will to a large extent guide the programme.

Swedish and international experts with extensive experience from Midwifery education at all different levels (diploma, degree and research) and from international projects within the area of SRHR will give lectures, lead seminars and supervise the development projects.

#### Management and staff

The programme is planned and will be implemented through a joint venture between two divisions at the Karolinska Institutet (Division of Reproductive and Perinatal Health Care, Department of Women and Child Health, and the Division of International Health (IHCAR), Department of Public Health Sciences), Uppsala University (Division of International Maternal and Child Health (IMCH) at the Department of Women and Child Health), and the Swedish Association of Midwives. The programme steering committee with members from the four partners is responsible for programme content and selection of participants in collaboration with Sida. The programme secretariat is situated at the Division of Reproductive and Perinatal Health Care, Department of Women and Child Health. Karolinska Institutet.

#### **Participation**

#### Target region:

Asia, with priority to Afghanistan, Bangladesh, Cambodia, China, India, Laos, Nepal, Pakistan, the Philippines, Sri Lanka, Thailand and Vietnam.

#### Target Group:

The programme is designed for professional midwives in Asia, who have a basic education equivalent to WHO / ICM / FIGO defined required competence. The participants should hold positions that have an influence on ongoing issues related to SRHR. A team of three participants (representing clinical work, education and policy) from each country will be preferred.

Applicants should have a planned or an ongoing SRHR project, supported and approved by the employer.

#### Language requirements

Excellent speaking and writing skills in English is necessary in order to fullfil required tasks and for participation in the network.

Due to the character of the programme family members are not allowed to accompany participants to the programme.

#### **Application Process**

Closing date for application is May 1, 2009

Applications submitted after closing date will not be considered.

Application should be written on the special form attached and include a recent photograph and required information and documents.

An English language test should be made with an official body in the home country of the applicant, unless the applicant can provide other **documentation** to support her/his ability.

The Swedish Embassy/Consulate does not carry out language tests but may be able to recommend appropriate language institutes for conducting tests.

The application should be submitted to the nearest Swedish Embassy/Consulate.

If there is no Swedish Embassy/ Consulate in the applicant's country, the application should be submitted directly to Program Secretariat. Selected applicants will be notified by e-mail. Once accepted, the applicant must confirm participation. An invitation letter will be sent out, containing additional information on the programme and the practical arrangements.

#### **Cost of Participation**

The cost of the programme is divided between a participation fee and accommodation cost. The participation fee covers all training cost such as lectures, literature, documentation, study tours and certain social activities as well as accommodation costs include board and lodging. The Swedish International Development Cooperation Agency (Sida) will cover these costs.

Sida will also cover international travel cost to and from Sweden.

The participant carries costs incurred in travelling to the nearest international airport.

Sida will also cover the international travel cost in connection to the regional seminar (phase 4).

Personal expenses are not included.

#### Accommodation

The course venue and accommodation in single rooms will be in the Stockholm area.

#### Visa

Participants are responsible for obtaining all visas necessary for their journey and stay during the training programme. The visa should be valid for the whole period of the programme and the passport should be valid for three months longer than the entry visa. Inquires should be directed to respective Swedish Embassy/Consulate alternatively other Schengen representation as soon as possible after acceptance into the programme. Participants visiting other countries on their way to or from Sweden must ensure that correct visas are obtained before leaving home country, especially for countries not included in the Schengen agreement.

The costs for obtaining visas are carried by the participant.

For more information, this website offers Swedish visa information: http://www.migrationsverket.se/english.html

#### Insurance

All participants are covered by a group insurance while in Sweden and on organised tours during the programme. This insurance includes costs for medical care in the event of acute illness or accident. Medical and dental check-ups are not included.

#### Contact information

Kyllike Christensson, Professor Division of Reproductive and Perinatal Health Care

Department of Women and Child Health Karolinska Institutet

SE-171 77 Stockholm

Sweden

Telephone:+46 8 52482402 Telfax:+46 8 52482400

E-mail: Kyllike.Christensson@ki.se

Birgitta Linnanheimo, Cource administrator Division of Reproductive and Perinatal Health Care

Department of Women and Child Health Karolinska Institutet

SE-171 77 Stockholm

Sweden

Telephone:+46 8 52482418 Telfax:+46 8 52482400

E-mail: Birgitta.Linnanheimo@ki.se

#### KAROLINSKA INSTITUTET

Division of Reproductive and Perinatal Health Care, has it focus on the development of the major subject Sexual, reproductive and perinatal health i.e. human reproduction and the beginning of life. Faculty members are very active in research, research training as well as in academic teaching, especially the specialist programme in midwifery comprising 90 ECTS at high international level. Internationally, we are engaged in research projects and education in Asia, Africa and South America, as well as in student-teacher exchange programmes such as Erasmus and Linnaeus-Palme.

Division of International Health (IHCAR) focuses on poverty related health problems in low- and middle income countries. IHCAR is involved in teaching and research related to sexual and reproductive health and rights (SRHR), health policy and health systems. The SRHR research focus on maternal morbidity/mortality, abortions, sexually transmitted infections including HIV/AIDS, cervical cancer, female genital mutilation, domestic violence and other SRHR related issues. Several studies target young people. We favour multi-disciplinary research and promote close contact between research, education, and consultancy work. Both Divisions are located at the Karolinska Institute campus area in Solna.

#### **UPPSALA UNIVERSITY**

International Maternal and Child Health (IMCH) is part of the Department of Women's and Children's Health at Uppsala University. In research and advocacy IMCH focuses on sexual and reproductive health and rights, child health and international nutrition. In the education programme global medicine is taught for medical and nursing students, a Masters programme in International Health is offered and courses are also given within a European Masters programme in Humanitarian Assistance. PhD training in International Health is offered.

**SWEDISH ASSOCIATION OF MIDWIVES** was founded 1886 and has more than 6500 members including almost all clinically working midwives, midwifery teachers and midwifery researchers. Swedish midwives have been professionally educated during 300 years and have had a major impact on the reduction of maternal mortality and strengthened women's sexual and reproductive health in the country. The aims of The Swedish Association of Midwives are to promote the professional development of midwives, to promote research and development of midwifery care.

Halving poverty by 2015 is one of the greatest challenges of our time, requiring cooperation and sustainability. The partner countries are responsible for their own development. Sida provides resources and develops knowledge and expertise, making the world a richer place.



DEVELOPMENT COOPERATION AGENCY
Division for International Training Programmes

SE-105 25 Stockholm Sweden Phone: +46 (0)8 698 50 00 Fax: +46 (0)8 20 88 64 sida@sida.se, www.sida.se



Programme in Strengthening Midwifery Competence in Sexual and Reproductive Health (266) October 5–30, 2009

# FOR OFFICIAL USE OF THE SWEDISH EMBASSY Received application by administration: Sign\_\_\_\_\_\_ Date \_\_\_\_\_

Comment, see attached note

#### APPLICATION FORM (Typewriting or block letters)

The		Country			
The Country (name of nominating organisation/institution/company)					
nominates					
	(name of applic	cant)			
To the programme Strengthening Midwifery Competence in Sexual and Reproductive Health (266)					
October 5-30, 2009					
Reasons for nomination	(- - :t				
	(obligatory				
Date					
Signature of nominating organisa	ation/institution/company				
(When necessary/applicable)					
The Nomination is approved by (name of authorising authority)in accordance with loc					
Date	_ Signature of authorising authority				

The Application should be submitted to the appropriate Swedish Embassy/Consulate at the latest on **May 1, 2009.** 

The Embassy/Consulate will forward it to the programme secretariat.

If no appropriate Swedish Embassy/Consulate in the country, please submit application form directly to secretariat at the latest on **May 1, 2009.** 

Kyllike Christensson Division of Reproductive and Perinatal Health Care Department of Women and Child Health Karolinska Institutet SE-171 77 Stockholm Sweden

Telephone:+46 8 52482402 Telfax:+46 8 52482400

E-mail: Kyllike.Christensson@ki.se

PHOTO

(Please do not glue. Attach with Staple)

Applications received after May 10, 2009 will not be considered.

#### PERSONAL HISTORY

First name (underline name by which formally addressed)     Name as in passport	Second name Name as in passport		Family r	name (surname)	Name as in pa	assport		
2. Office address		3. Te	lephone	(to office). (coun	try code/are	ea code)		
		Fax r	10.					
		E-ma	ail (com	pulsory)				
4. Home address		5. Telephone (home) (country code/area code)						
		Mobi	le phone	:				
No. of the contract of the con								
Nearest <b>international</b> airport from residence  6. Nationality		E-ma	il (home)	Date of bir	th Day	Month	Year	
7. Sex 🗖 Male 📮 Female								
8. Name and address of person to be notified in case	of emergency (incl. c	ountry	code/ar	ea code)				
Telephone:		E-ma	E-mail:					
9. Education (start with last attended institution and w		ctudy		Voors of study f	rom to	Dograns		
Name of institution and place of study	Major fields of	Study		Years of study f	10111 – 10	Degrees		
10. List membership of professional societies or other activities in civil, public or international affairs								
11. List any relevant publication you have written (do not attach)								
12. Previous residence in foreign country in relation to applicant's professional or study interest								
Have you participated in any training programme in Sv	veden before?							
☐ yes ☐ no Name of programme, year								
EMPLOYMENT RECORD  In order that your application may be complete, please give details of your duties and responsibilities for each of the posts you have occupied.								
A. Present position								
Title of your post		Desc	ription o	f your work, inclu	ıding your pe	ersonal responsib	ilities	
Years of service: from-to								
Type and level of organisation		-						
Name of supervisor (if any)		-						
Name and address of employer		_						

## B. Previous position Title of your post Description of your work, including your personal responsibilities Years of service: from-to Type and level of organisation Name of supervisor (if any) Name and address of employer Please state briefly the reason for applying to this programme, your main field of interest within the programme and how you hope to benefit from the programme. (Continue on supplementary page if necessary but no more than one page). **DEVELOPMENT PROJECT** Please describe your Development project, including title, on no more than two supplementary pages. ☐ Enclosed description 1–2 pages LANGUAGE REQUIREMENT English certification does not have to be carried out if any of the following is applicable: ☐ English is my mother tongue or official language of the country. ☐ English is my working language (please enclose statement from management) ☐ Carried out higher academic education (min 6 months) where English was the medium of instruction (please enclose copy of certificate)

#### CERTIFICATE OF THE ENGLISH LANGUAGE

Not required if any of the conditions at the bottom of page 3 apply

,							
Name of candidate							
ABILITY TO UNDERSTAND	ABILITY TO SPEAK						
Understands without difficulty when addressed at normal rate	Speaks fluently and accurately and is easily intelligible						
Understands almost everything, if addressed slowly and carefully	Speaks intelligibly, but is not fluent or altogether accurate						
Requires frequent repetition and/or	Speaks haltingly, and is often at a loss						
translation of words and phrases	for words and phrases						
ABILITY TO WRITE	READING ABILITY AND COMPREHENSION						
Writes with ease and accuracy	Reads fluently, with full comprehension						
Writes slowly and with only a moderate degree of accuracy	Reads slowly, but understands almost everything						
Writes with difficulty and makes frequent mistakes	Reads with difficulty, and only with						
ITIISTAKES	frequent recourse to a dictionary						
Language test administered by:							
Title:							
Address and Telephone:							
Date and signature:							
MEDICAL STATEMENT							
I do not have any infectious diseases (for example tuberculosis or trachoma) or any other illnesses which could present risks to persons							
that I will come in contact with.							
I do not have any medical conditions which prevent me from carrying out training away from home.							
I am in good health and enjoying full working capacity.							
Tannin good health and enjoying full working capacity.							
Comment:							
Information to all applicants according to the Swedish Personal I	Data Act:						
	nal information that your have given in this application will be used by the						
Programme Organiser in administering the Programme, Your personal data will also be available to Sida for internal use. The data will not be used for other purposes. If you want a record of filed personal information you must send a written request to Mr Tomas Törn, ITP, SE-105 25 Stockholm,							
Sweden or tomas.torn@sida.se							
Signature of Applicant  Logrify that my statement in answer to the foregoing questions is true.	complete and correct to the best of my knowledge and belief						
I certify that my statement in answer to the foregoing questions is true, complete and correct to the best of my knowledge and belief.  If selected as a participant I undertake to spend the time during the period of the programme as directed by the programme management.							
Date Signature of App	olicant						

If you are selected, you will be notified by e-mail. Please confirm your acceptance to attend by e-mail.